



FORE RIVER UROLOGY

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You have been scheduled for a needle biopsy of the prostate. This will be done in our office. Ultrasound guidance will be used to help complete this procedure. The entire procedure should not take longer than 15 minutes. You will likely be at our office for 30-45 minutes. After your biopsy, you will be able to go home.

To make the process easier for us to accomplish and reduce the chances of infection, we would like you to do the following:

1. A Fleets enema the morning of the biopsy is needed to clear stool from the rectum. Very Important. **Use the Enema 2 hours prior to your appointment.** You can buy the enema at any drug store.
2. Please take your antibiotics as directed. You were likely given 3 days worth antibiotics. Start antibiotics the morning of the **DAY PRIOR** to the biopsy (unless directed to do otherwise by your physician).
3. **Do NOT fast.** Eat a normal breakfast and/or lunch on the day of your biopsy. If getting nitrous oxide, stop eating 1-2 hours prior to procedure.
4. Please **STOP** taking the following medications **SEVEN DAYS BEFORE** your biopsy unless other-wise directed:
ASPIRIN, ADVIL, ALEVE, CELEBREX, COUMADIN, WARFARIN, ECOTRIN, EXOTRIN, EXCEDRIN, IBUPROFEN, INDOCIN, MOTRIN, NAPROSYN, ULTRAM, ULTRACET, PLAVIX, ALL MULTIVITAMINS, OR ANY OTHER MEDICINE THAT THINS YOUR BLOOD (such as FISH OIL).
Do not restart any of the above medicines for **SEVEN** days after your biopsy. If you still have blood in your urine or stool, **DO NOT** restart taking the medication until this has cleared completely.
5. Please **STOP** taking the following medications **TWO DAYS BEFORE** your biopsy unless other-wise directed: **ELIQUIS (Apixaban) or XARELTO (rivaroxaban)**

It is OK to take Tylenol **AT ANY TIME BEFORE OR AFTER** your biopsy. You may experience the following changes after your biopsy:

- Bleeding from the rectum
- Blood in your urine
- Blood in your semen (if this occurs, it will usually last 6-8 weeks)
- Burning, pain, or frequency of urination

If you develop a **FEVER HIGHER THAN 101 DEGREES FAHRENHEIT**, or you are **UNABLE TO URINATE**, please call the office immediately.